

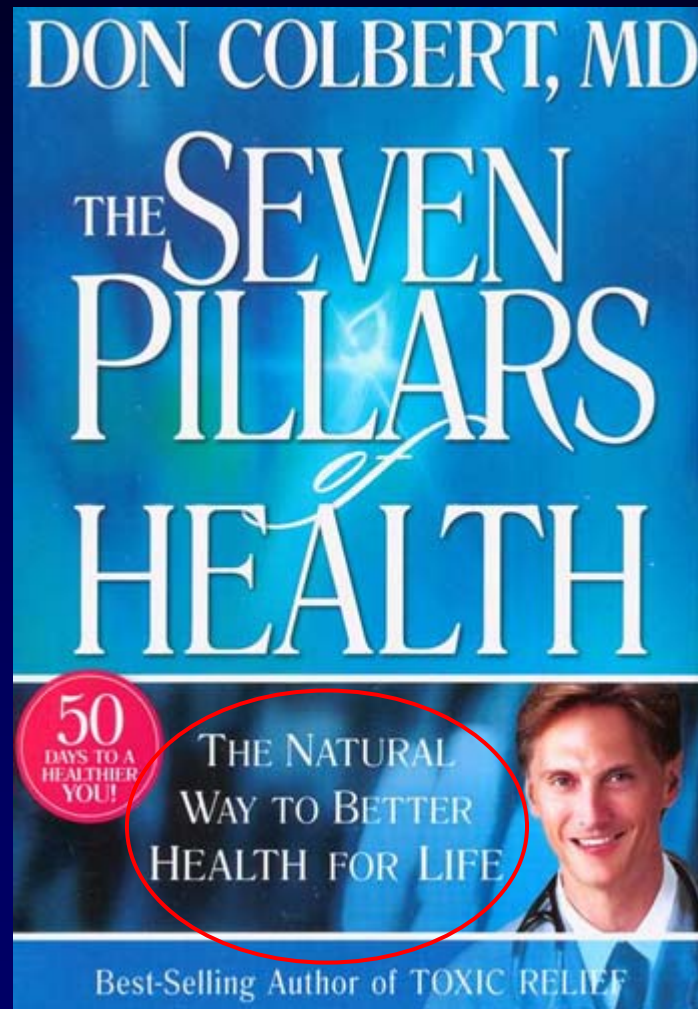
Understanding and **Listening to the Doctors** in this Health Presentation will Completely Transform your Life



Dr. Don Colbert

The Seven Pillars of Health

1. **Alkaline Water** – 5 to 8 glasses a day.
2. **Quality Sleep** – 7 to 9 hours a night – **Alkaline Water** at bedtime helps prevent night time leg cramps, caused by dehydration.
3. **Living Food** vs Dead Food – Fruit, Vegetables & Salads help to keep your blood **Alkaline**.
4. **Exercise stirs your water** & moves your lymphatic system – drink **Alkaline Water** before, during & after exercise.
5. **Detoxification** – **Alkaline Water** is the most potent & effective **detoxifier**.
6. **Nutritional Supplements** – **Alkaline Water** multiplies **absorption**.
7. **Manage Stress** or it'll kill you – **Alkaline Water** **neutralizes** the **excess acid** produced by stress.



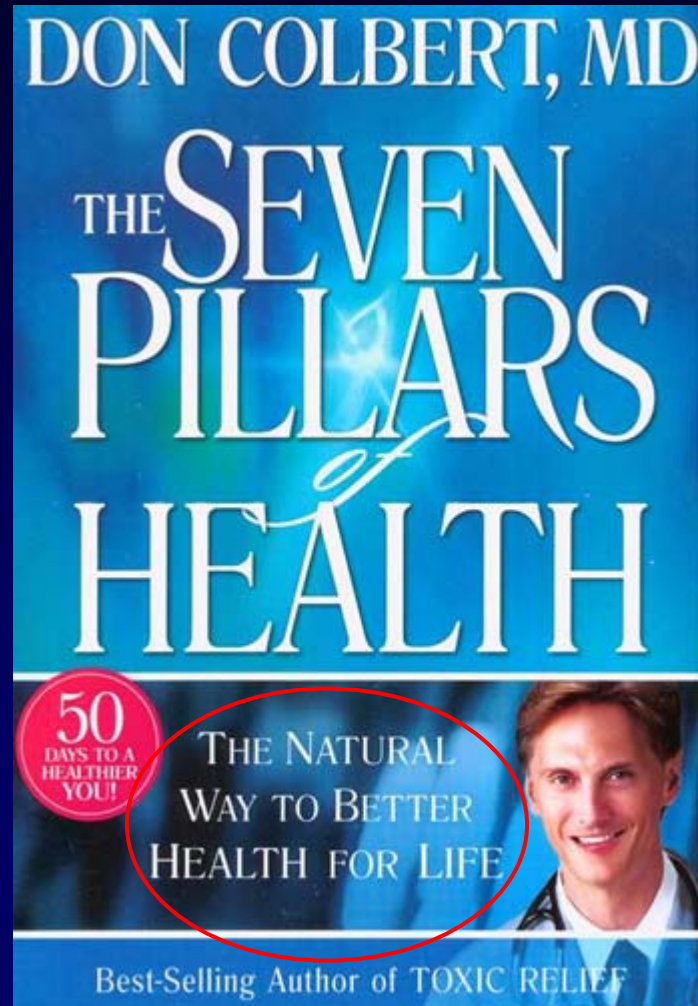
Dr. Don Colbert

Dr. Colbert has practiced medicine in Orlando, FL since 1987. He is **board certified** in Family Practice & Anti-Aging Medicine. He is one of America's most sought after **Diagnostic Physicians**. He is a NY Times **best selling author** who has written over 40 books.

In my opinion, there is *nothing more important to your health* than **water**.

Many health problems are associated with being **too acidic**, including *chronic fatigue, fibromyalgia, arthritis, arteriosclerosis, most cancers, diabetes, autoimmune disease, osteoporosis* and **practically ALL DEGENERATIVE DISEASES**.

My FIRST TASK is to **get their tissues alkalized with alkaline water and alkaline foods**.



Our body is 75% water...



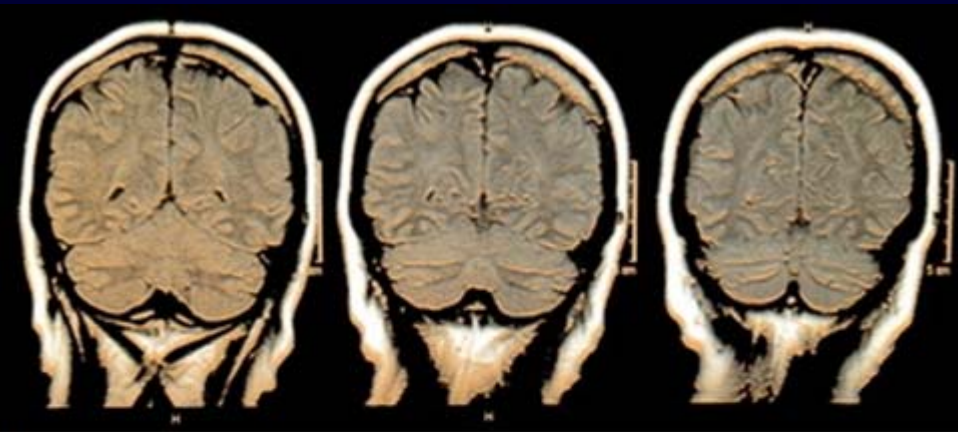
...& our **blood** is 92% water.

These 'high percentages' demonstrate how *vitaly important* **water** is for our health & longevity?



*Doctors agree that
the **root cause** of
ALL Chronic Disease
and Illness is
Hypoxia & Acidosis.*

Hypoxia is a *lack of oxygen* in your cells and tissues.



Hypoxia is a deficiency of oxygen to tissues in the body. Brain cells begin to die after five minutes without oxygen.

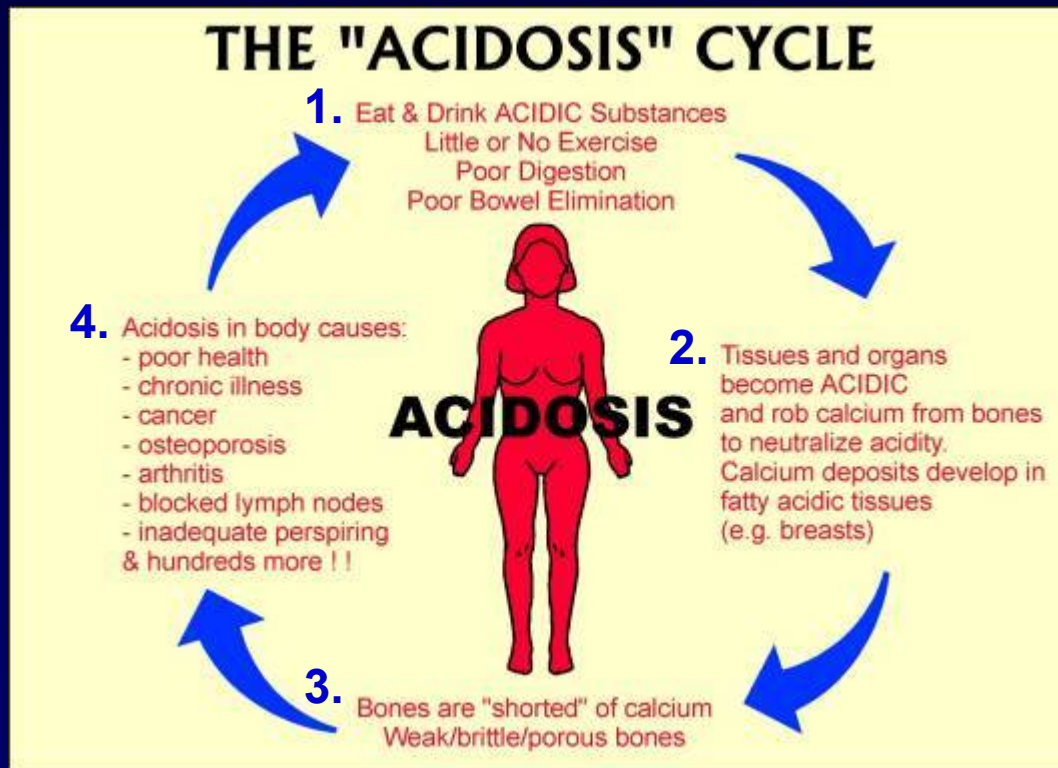
Cell Survival

Cell Death

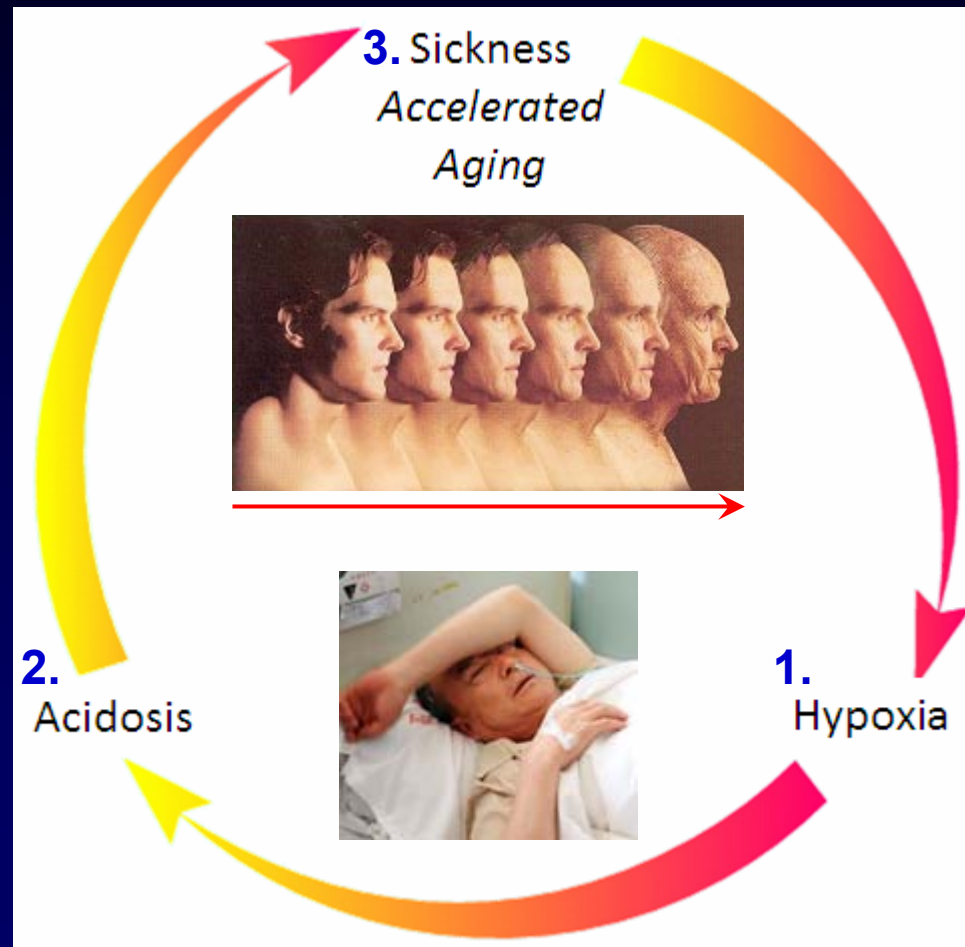


Your **blood** is 92% **water**. So we're talking about the *negatively charged oxygen* your blood should be receiving from your *daily 8 glasses of H₂O*.

Acidosis is *too much acid build up* in your 'cells and tissues', which is the **cause** of a *plethora of health problems.*



The *Result* of the Hypoxia, Acidosis Cycle...





Dr. Otto Heinrich Warburg
 1931 Nobel Prize Winner
The Root Cause of Cancer



Dr. Otto Warburg discovered the root cause of cancer in 1923 and he received the Nobel Prize for doing so in 1931. Dr. Warburg was director of the Kaiser Wilhelm Institute (now Max Planck Institute) for cell physiology at Berlin. He investigated the metabolism of tumors and the respiration of cells, particularly cancer cells. Below are some direct quotes by Dr. Warburg during medical lectures where he was the keynote speaker:

"Cancerous tissues are acidic, whereas healthy tissues are alkaline. Water splits into H+ and OH- ions, if there is an excess of H+, it is acidic; if there is an excess of OH- ions, then it is alkaline."

In his work *The Metabolism of Tumours* he demonstrated that all forms of cancer are characterized by two basic conditions: acidosis and hypoxia (lack of oxygen). Lack of oxygen and acidosis are two sides of the same coin: where you have one, you have the other.

"All normal cells have an absolute requirement for oxygen, but cancer cells can live without oxygen - a rule without exception." – Dr. Otto Warburg

"Deprive a cell 35% of its oxygen for 48 hours and it may become cancerous." – Dr. Otto Warburg.

Dr. Warburg has made it clear that the prime cause of cancer is oxygen deficiency (brought about by Toxemia). Dr Warburg discovered that cancer cells are anaerobic (do not breathe oxygen) and cannot survive in the presence of high levels of oxygen.

He investigated the metabolism of tumors & the respiration of cells,
 ← particularly **cancer cells**.

All **cancerous** tissues are **ACIDIC**, whereas **healthy** tissues are **ALKALINE**.
 ←

All forms of **cancer** have two basic conditions,
 ← **ACIDOSIS & HYPOXIA**.

Deprive a cell of 35% of its oxygen for 48 hours & it
 ← may become **cancerous**.

CANCER cannot survive in
 ← the presence of **OXYGEN!**

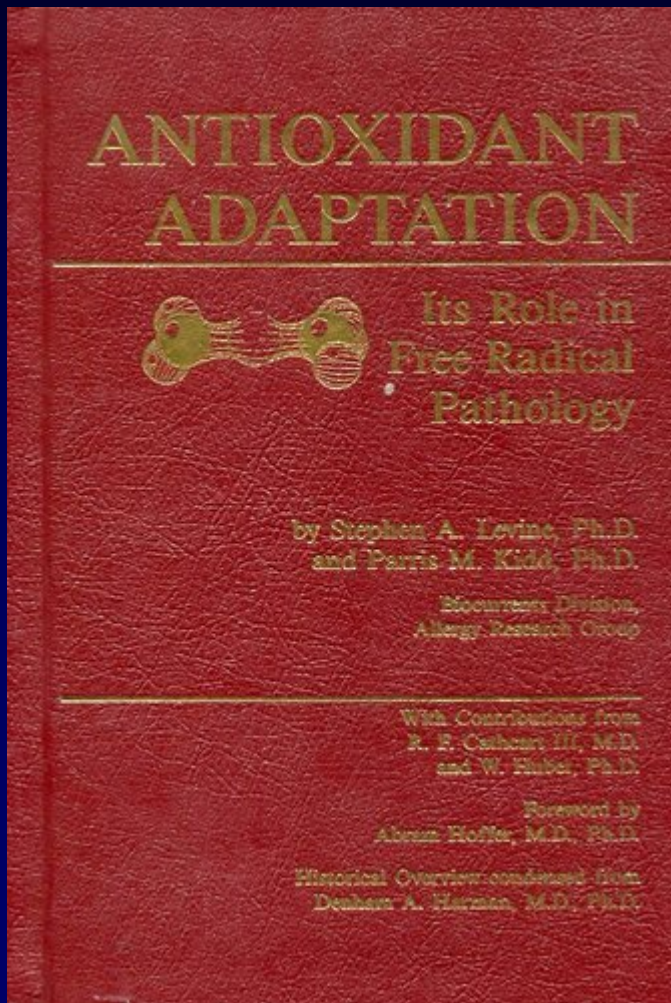


Dr. Steven A. Levine Ph.D.

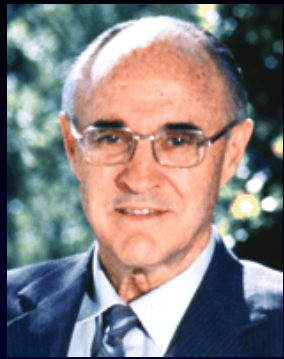
Renowned Molecular Biologist & Geneticist and Author of...

...or Associated with...

1. *'Oxygen Deficiency: Concomitant to All Degenerative Illness'*
2. *'Antioxidant Adaptation: Its Role in Free Radical Pathology'*



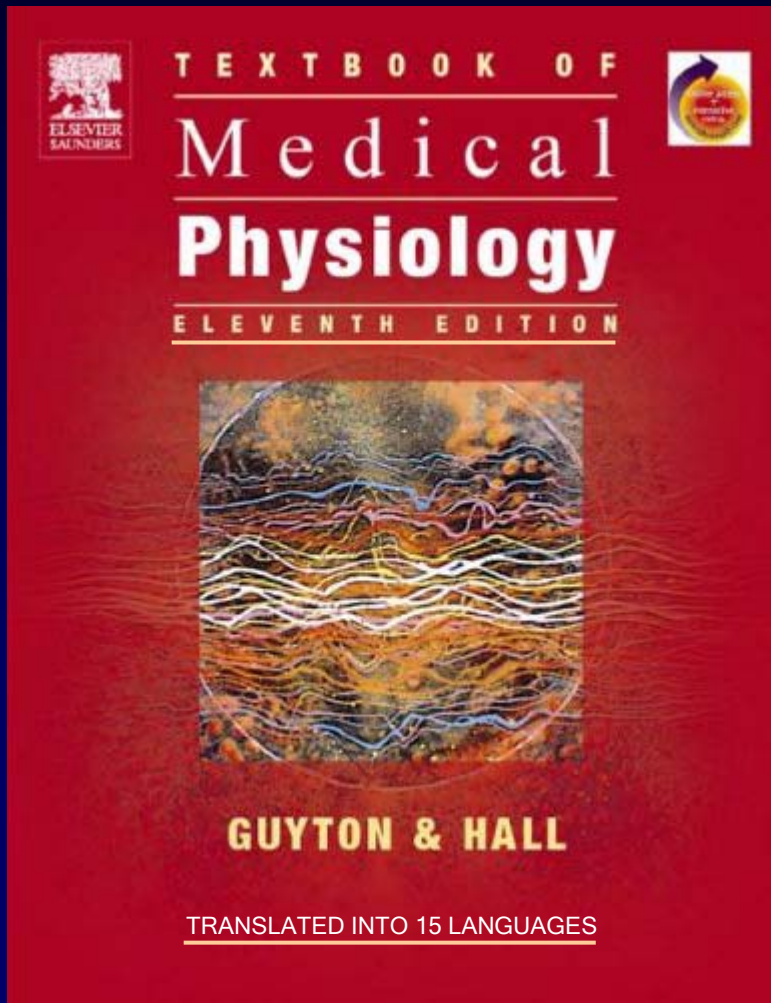
'Hypoxia, or lack of oxygen in the tissues, is indeed, the underlying root cause of not just CANCER, but quite possibly, ALL Chronic Degenerative Disease.'



Dr. Arthur C. Guyton...

...authored more than 600 medical papers & 40 books, placing him among the greatest figures of **cardiovascular research**.

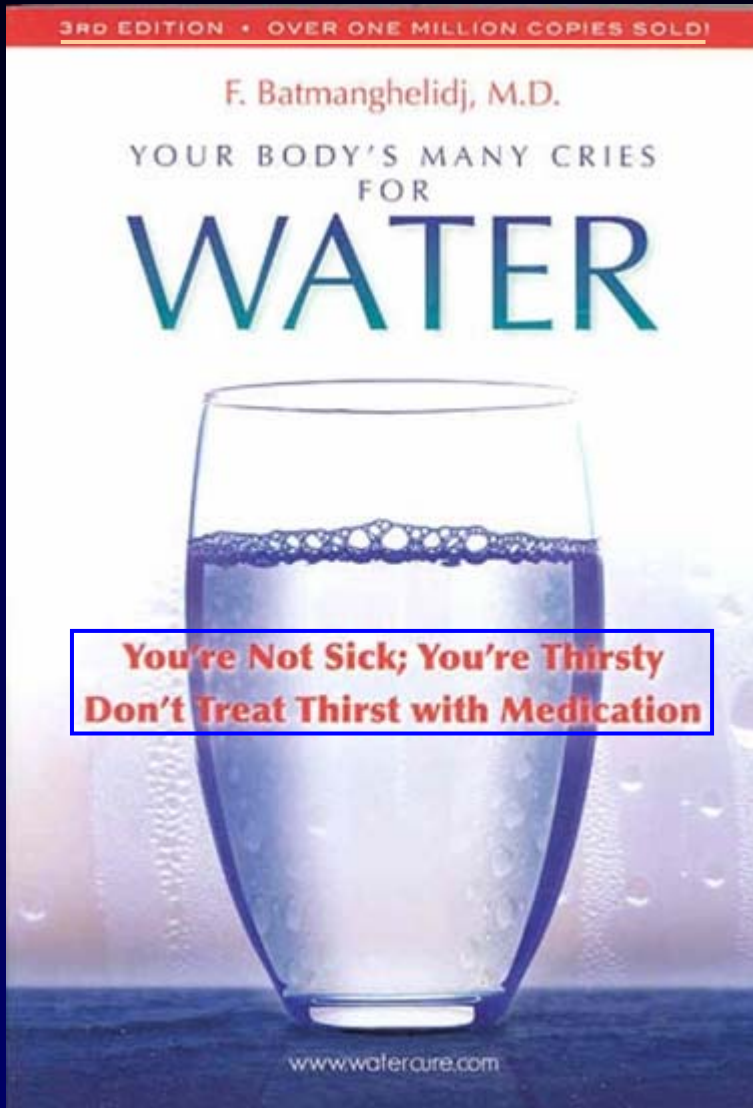
'Author of the world's most widely used physiology textbook...'



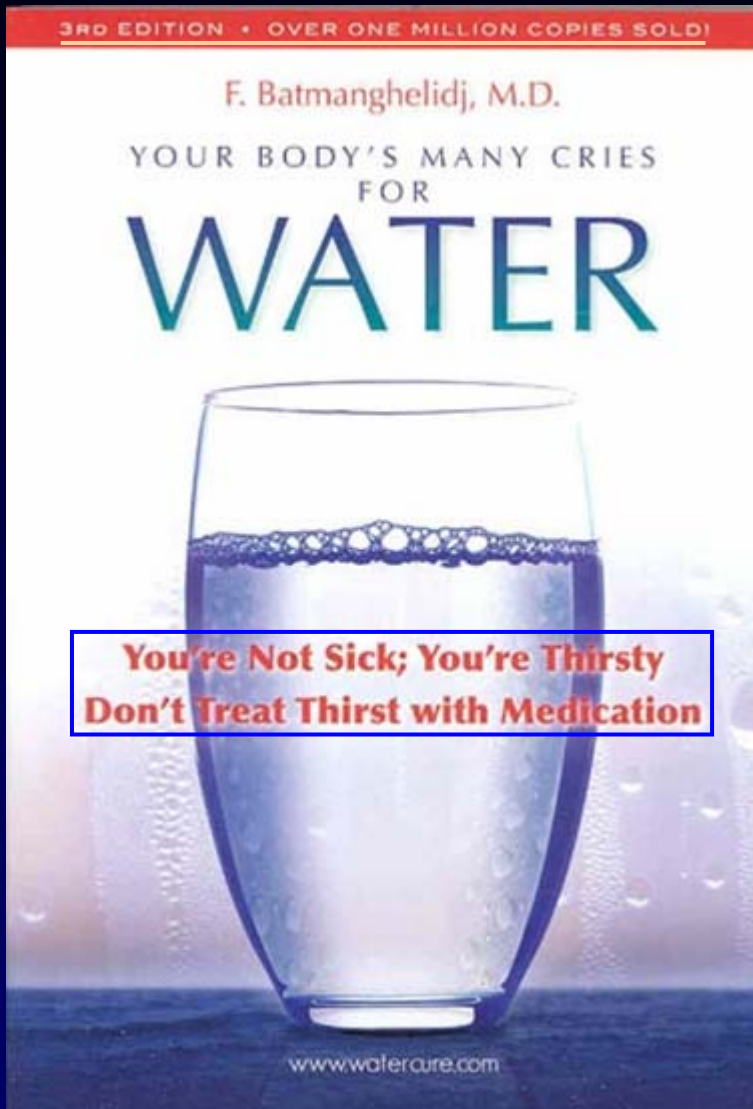
“ALL chronic suffering is caused by a *lack of oxygen* at the **cellular level.”**



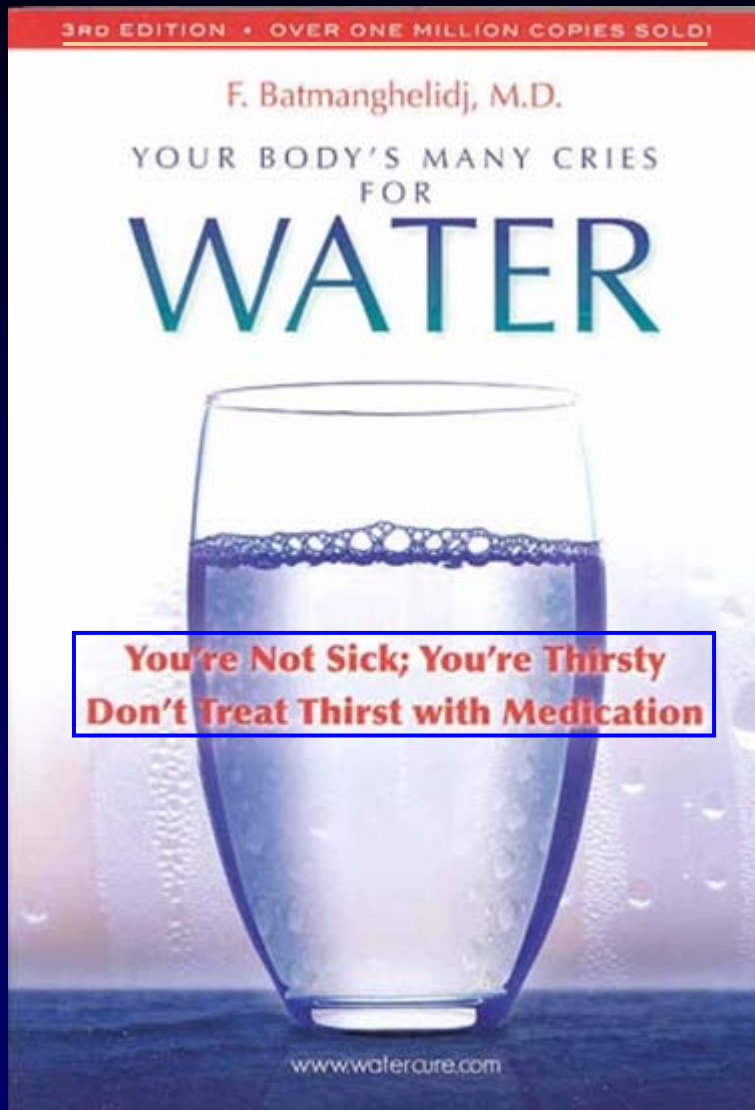
So the next logical question is, “What is the **Root Cause** of **Hypoxia & Acidosis?**”



Dehydration is the
Root Cause of
Sickness & Cancer
formation in the
body! **Why is that?**



Because **dehydration** causes a **High Acidity** & **Low Oxygen** environment, that creates a *breeding bed* for **Sickness & CANCER** cell development.



This brilliant Doctor demonstrates in his most informative book how medical science has focused on the 25% of body mass (i.e. a heart, lung, kidney problem, etc.), instead of on the 75% of water, that if pH balanced, will bring life to your cells for every organ to heal and function healthily.

To prevent **Hypoxia** & **Acidosis** we need **5 to 8 glasses of water** a day – depending on...

- * Our body size
- * Our activity
- * The temperature

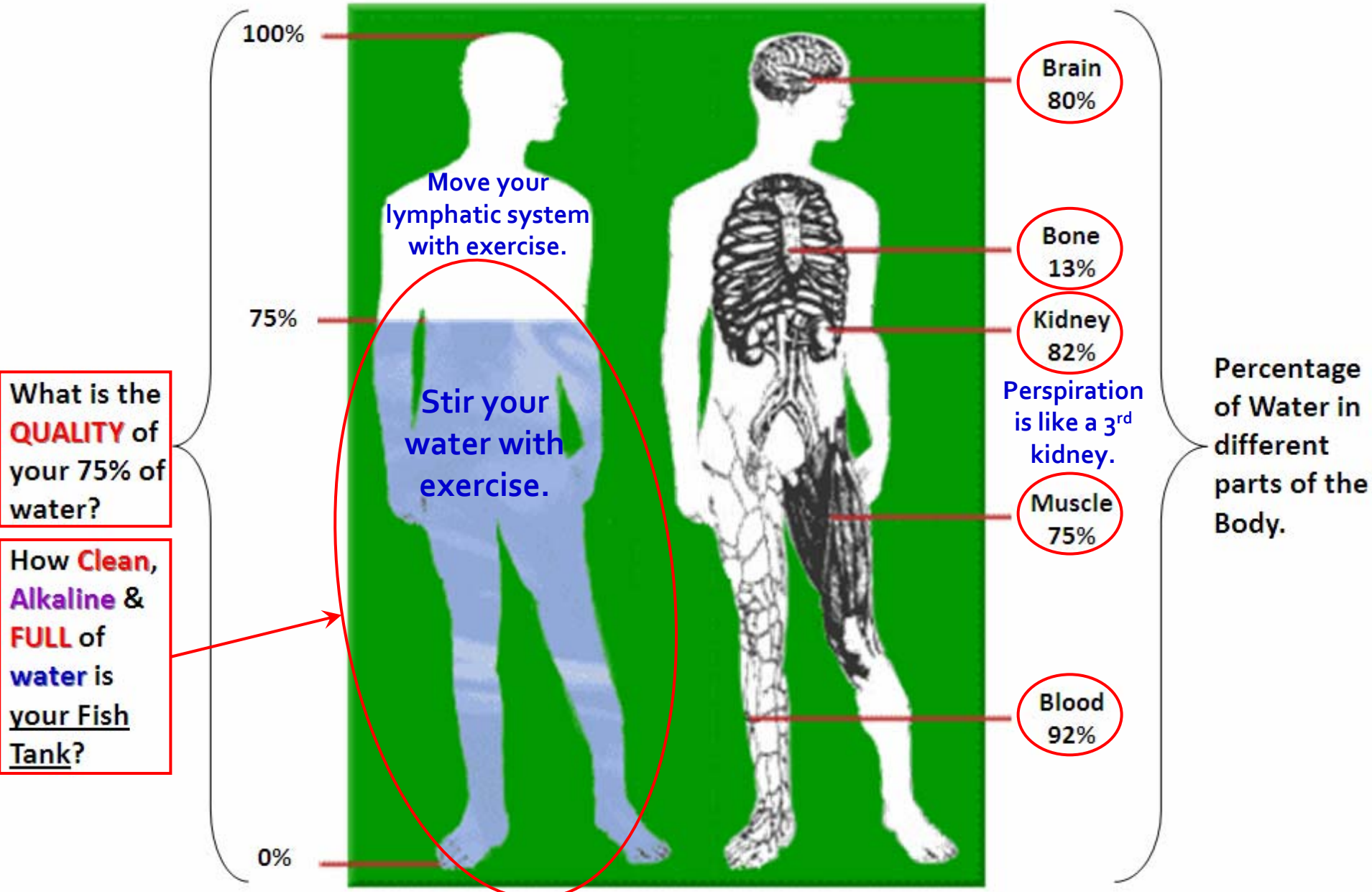


ALL other drinks we consume do **NOT** contribute towards the **8 glasses of water** your body needs every day...

...but **not just any WATER** –
alkaline water having a pH over 9
to neutralize stored **acidic wastes**
and remove them from your body.



The Human Body – 75% Water



"Dr. Young has discovered a brilliant insight to re-create our health, expand our longevity, and feel better fast!" —Mark Victor Hansen, cocreator of the Chicken Soup for the Soul series



THE pH MIRACLE

Balance Your Diet, Reclaim Your Health

Robert O. Young, PhD, and Shelley Redford Young



Approximately every 7th page in Dr. Young's book is a **testimonial** of someone with a debilitating condition that medical science had no answer for – each one had a transformation in their health.

"The single most important thing you will learn in this book is to get your body **plenty of pure water**. And **NOT** just **ANY WATER** – **alkalizing water having a pH over 9** will neutralize stored acidic wastes and remove them from your body."

"Dr. Young has discovered a brilliant insight to re-create our health, expand our longevity, and feel better fast!" —Mark Victor Hansen, cocreator of the Chicken Soup for the Soul series



THE pH MIRACLE

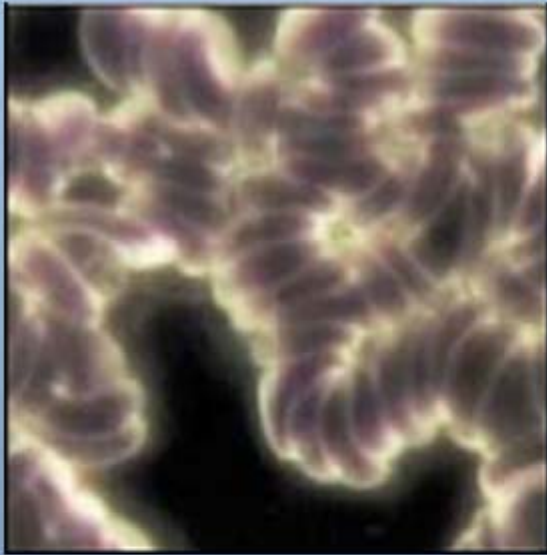
Balance Your Diet, Reclaim Your Health

Robert O. Young, PhD, and Shelley Redford Young

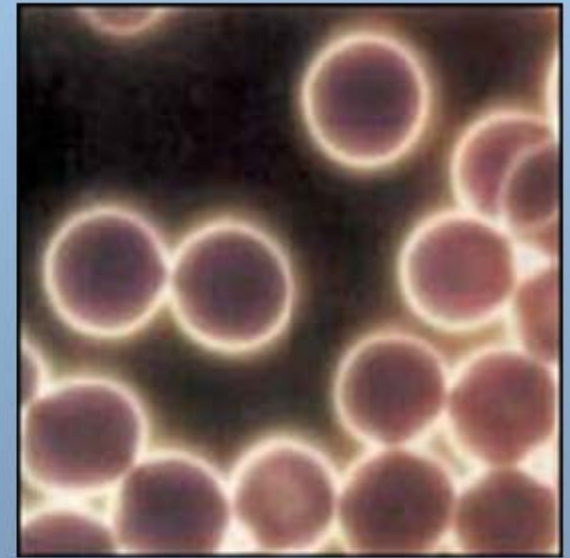


Pete's Story – Diagnosed with **stage 3 bladder cancer** – the large growth had integrated itself into half his bladder wall. Doctors told him his only hope was to remove his bladder – he'd have to wear a bag for the rest of his life. Pete chose to rather **Alkalize his body** by exclusively drinking **pH 9.5 water**, eating a **100% alkaline diet** and **good nutrition**. Months later he went for an MRI. The growth had shrunk down to a fraction of its size and removed itself from his bladder wall. Now the doctors were safely able to surgically remove its remnants. Four years later Pete still enjoys good health.

Summary of Dr. Perl Laperla's research...



Blood Sample
Before & After
drinking
**Kangen Alkaline
Antioxidant Water**



Doctors can read a persons medical history and predispositions in their blood. The **dehydrated blood cells** on the LEFT have lost their electrical charge to form dangerous string patterns (a Rouleaux or Symplast), indicating an early predisposition to heart, lung, arthritis disease, etc. – whereas the same blood cells on the RIGHT have now been **negatively charged by drinking restructured water;** causing the cells to repel & separate by ionization and increasing their pH to become highly oxygenated, bringing LIFE to every organ in the body.

THE INTERNATIONAL HEALTH BESTSELLER – 2 MILLION SOLD

THE ENZYME FACTOR

HOW TO LIVE
LONG AND
NEVER BE SICK



HIROMI SHINYA, MD

Chief of Surgical Endoscopy Unit, Beth Israel
Medical Center, New York City, NY.

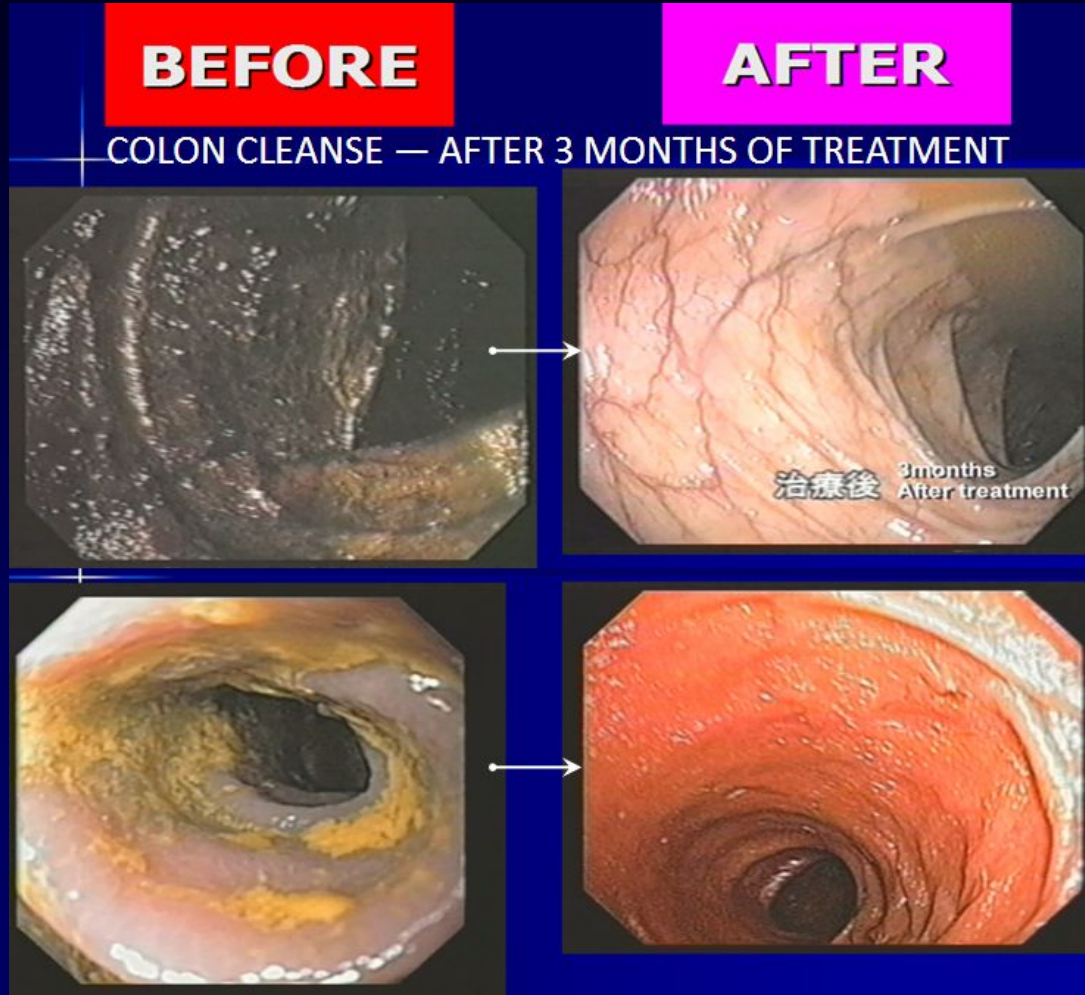
Clinical Professor of Surgery, Albert Einstein
College of Medicine, New York City, NY.

In **Dr. Shinya's** bestseller,
**Kangen Alkaline
Antioxidant Water** is a
vital KEY because of its
unique **PROPERTIES** to...

- ✓ Hydrate our Cells
- ✓ Cleanse & Detoxify
- ✓ A Potent Anti-oxidant

See **Dr. Shinya's** results →

Dr. Hiromi Shinya has utilized **Kangen Alkaline Antioxidant Water** as an *important part* to successfully treat 10,000's of patients...



Dirty pre-cancerous colons are a ticking time bomb for sickness to break out in the body.

Clean treated colons are a sign of health and longevity.

A *clean* or *dirty* Colon is a **Barometer** of your **Health & Wellbeing**.

JAPANESE HOSPITALS THAT TREAT PATIENTS ...with Kangen Alkaline Antioxidant Water...

- Kyowa Hospital
- Kitari Institute Medical Center
- Showa University Hospital
- Kanto Teishin Hospital
- Meiseki Hospital
- Nara College of Medicine Hospital
- Iida Hospital
- Tokyo Women's College of Medicine Hospital
- Hanabatake Hospital
- And many others...

1. The **Japanese Association for the Prevention of Geriatric (Old Age) Diseases** *solely recommends* the Leveluk series of Kangen Water® machines.

2. The **Japanese Ministry of Health & Welfare** *certifies only* the Enagic ionizer to be a MEDICAL GRADE DEVICE making life giving **Kangen pH 9.5 water**, recommended by **6,500 Doctors.**



WHAT IS RESTRUCTURED WATER?

Kangen Alkaline Antioxidant Water

...with the 3 Major Properties to be...

1. An Anti-oxidant (ORP)
2. Alkaline (pH 9.5)
3. Micro-Clustered



...when combined equals POTENT Restructured Water?

HEALTH NEWSTM

Volume 17 • Number 4

Featuring Information on Alkaline Antioxidant Water

© HEALTH NEWS

How Water Becomes an Antioxidant

Drinking four to six glasses of alkaline water a day will help to neutralize over acidity and over time will help to restore your body's buffering ability. Alkaline water should be used when conditions of over acidity develop, such as when you have a cold, the flu or bronchitis.

Like vitamins C, E, and beta carotene, alkaline water acts as an antioxidant because of its excess supply of free electrons. This can help the body against the development of heart disease, strokes, immune dysfunctions, and other common ailments.

~ Susan Lark, M.D.

University lecturer
and author of "The Chemistry of Success"

1st

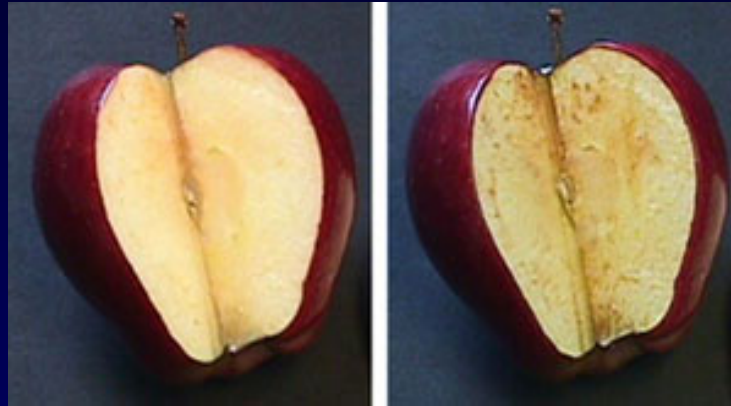
Property

Anti-oxidation (or ionization)

...is the #1 most important property of

Kangen Alkaline Antioxidant Water

to protect against oxidation...



...preventing *Early Aging & Sickness.*

Kangen Water is by far the #1 most POTENT...

Anti-oxidant ♦ Anti-Inflammatory ♦ Anti-Aging

...substance known to man →

Oxidation Reduction Potential (ORP)

- ORP (mV)

+ ORP (mV)

-400 -300 -200 -100 0 +100 +200 +300 +400



-450
-500
-550

**KANGEN™
WATER**



Green Tea



**Cod Liver
Oil**



Vitamin C



**Purified,
Distilled &
R.O. Water**

...distilled &
R.O. waters
are aggressive
- meaning they
pull minerals
from your
bones &
organs.



Soda



Tap Water

Anti-oxidants

Oxidants

The m-o-r-e POTENT to Protect & Heal

The more devastating to Age & cause Disease

Anti-oxidation
= Anti-Aging / Health

Oxidation
= Aging / Sickness

Your Body Temperature was designed to be...

98.6 degrees

If you're **up** or **down** you're SICK...



...if you're way **up** or **down** you'll DIE...

2nd
Property

Alkalinity

...likewise, your blood pH was designed to be 7.365

Most Americans are 6.8 – that's too Acidic.

THE pH SCALE

Drinking Healthy pH 9.5 Water, Sustains Healthy pH 7.365 Blood, For A Healthy Body

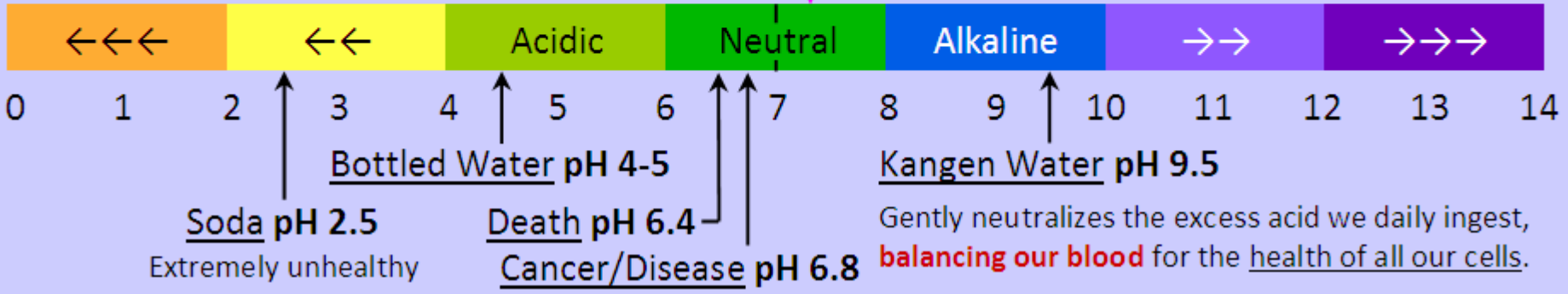
Your body needs to be ON THE ALKALINE SIDE for excellent health

Stress, Pollution, Drugs & the American Diet are all highly acidic

Kangen Water is a highly potent anti-oxidant

Disease & Degeneration Thrive Here

Health & Wellness Reign Here



If one's blood pH drops below 6.4 you DIE.

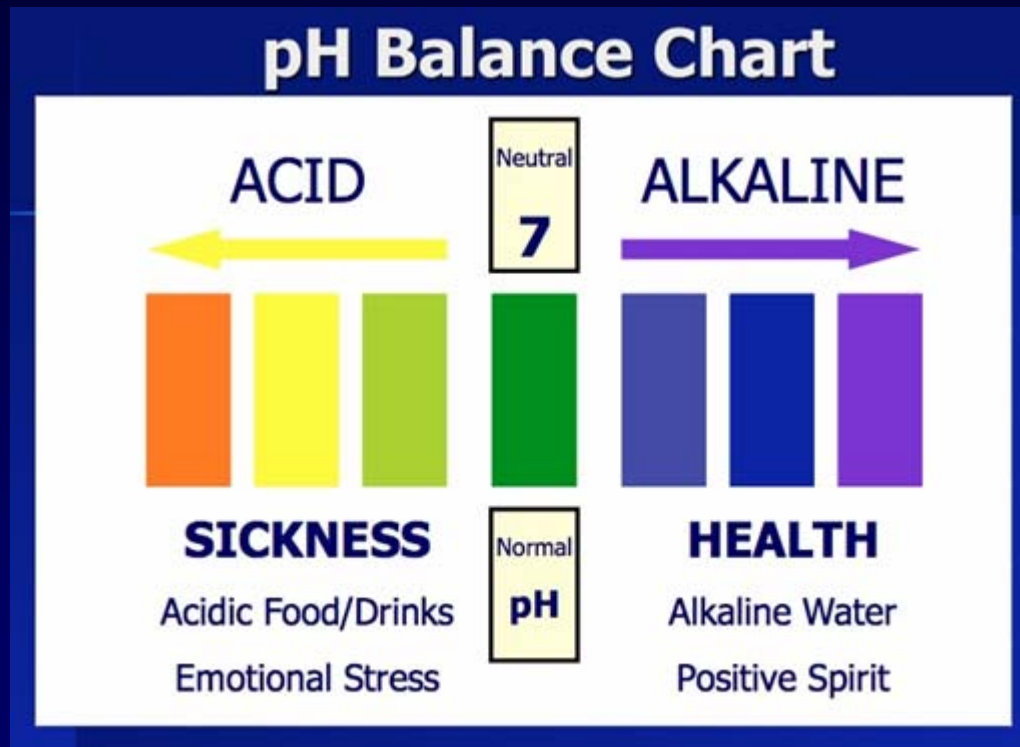
2nd

Property

Alkalinity

An **Acidic Blood pH** = **Sickness**

An **Alkaline Blood pH** = **Health**



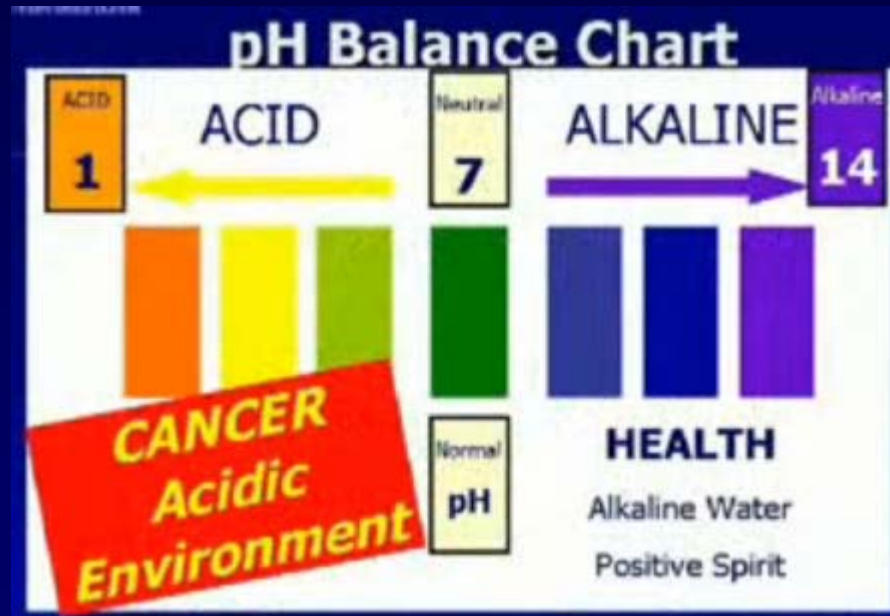
Medically speaking, it is impossible for your body to ever become **too Alkaline!**

2nd

Property

Alkalinity

The **lower** the **blood pH**, the *greater* the **risk of Cancer & ALL Disease.**



2nd

Property

Alkalinity

From 'Consumer Guide' special edition on **Alkaline Water** Ionizers.

Most people have no idea about the importance of maintaining a balanced pH level in the body. The pH level of the blood is the most vital and sensitive in humans. Balanced blood pH is 7.365, with a very slight margin for change in either direction. A major imbalance of the blood's pH can lead to severe problems, including, in the most extreme cases, death.

Since the pH level of the blood is so vital, when pH values adjust to dangerous levels the body will "steal" pH rich minerals from other less important parts in order to keep the blood balanced. In essence, your body will steal from itself, which is basically killing you slowly, to prevent you from dying immediately.

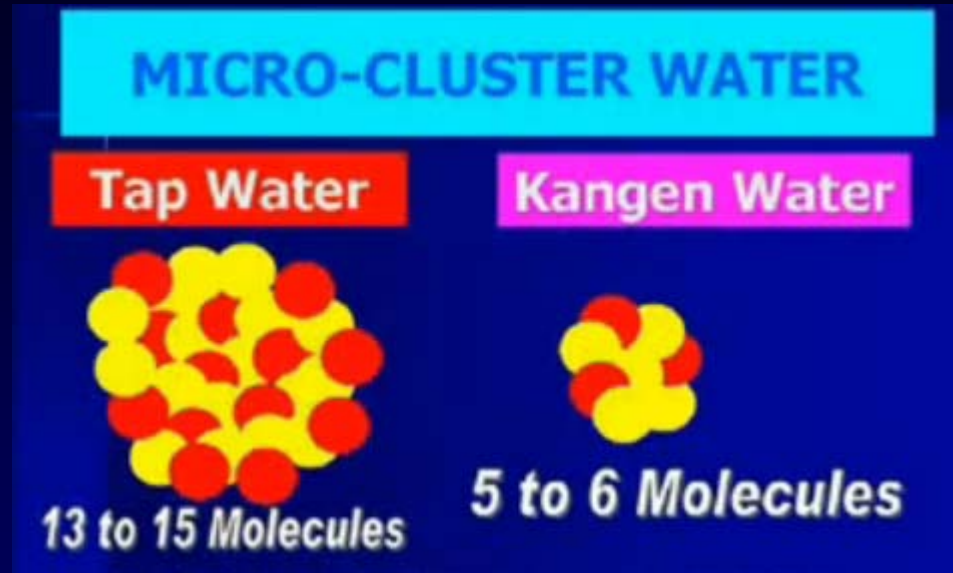
Your body is 92% water; healthy pH water = healthy pH blood = a healthy body.

The Acid / Alkaline Food Chart

 ACID FORMING FOODS				ALKALINE FORMING FOODS 		
MOST ACID	ACID	LOWEST ACID	FOOD CATEGORY	LOWEST ALKALINE	ALKALINE	MOST ALKALINE
NutraSweet, Equal, Aspartame	White Sugar, Brown Sugar	Processed Honey, Molasses	SWEETENERS	Raw Honey, Raw Sugar	Maple Syrup, Rice Syrup	Stevia
Blackberries, Cranberries, Prunes	Sour Cherries, Rhubarb	Plums, Processed Fruit Juices	FRUITS	Oranges, Bananas, Cherries, Pineapple, Peaches, Avacados	Date, Figs, Melons, Raisins, Grapes, Kiwi, Blueberries, Apples, Pears	Lemons, Limes, Watermelon, Grapefruit, Mangoes, Papayas
Chocolate	Potatoes (without skins), Pinto beans, Navy beans, Lima beans	Cooked Spinach, Kidney Beans, String Beans	BEANS VEGETABLES LEGUMES	Carrots, Tomatoes, Fresh Corn, Mushrooms, Cabbage, Peas, Potato Skins, Olives, Tofu	Okra, Squash, Green Beans, Beets, Celery, Lettuce, Zucchini, Sweet Potato, Carob	Asparagus, Onions, Garlic, Parsley, Raw Spinach, Broccoli, Vegetable Juices
Peanuts, Walnuts	Pecans, Cashews	Pumpkin Seeds, Sunflower Seeds	NUTS & SEEDS	Chestnuts	Almonds	
		Corn Oil	OILS	Canola Oil	Flax Seed Oil	Olive Oil
Wheat, White Flour, Pastries, Pasta	White Rice, Corn, Buckwheat, Oats, Rye	Sprouted Wheat Bread, Brown Rice, Spelt	GRAINS/ CEREALS	Amaranth, Millet, Wild Rice, Quinoa		
Beef, Pork, Shellfish	Turkey, Chicken, Lamb	Venison, Cold Water Fish	MEATS			
Cheese, Homogenized Milk, Ice Cream	Raw Milk	Eggs, Butter, Yogurt, Buttermilk, Cottage Cheese	EGGS/ DAIRY	Soy Cheese, Soy Milk, Goat Milk, Goat Cheese, Whey	Breast Milk	
Beer, Soft Drinks	Coffee	Tea	BEVERAGES	Ginger Tea	Green Tea	Herb Teas, Lemon Water

3rd
Property

Micro-Clustering



Smaller **Kangen water** clusters penetrate the CELL far more *efficiently*.
Larger **tap water** clusters is like trying to squeeze an orange into a golf hole.



3rd
Property

Micro-Clustering



The **Benefits** of **Micro-Clustering** include...

- * No Bloating – you can drink more water
- * Effective Cellular Penetration for...
- * Quick Absorption and **Working of Anti-oxidants**

It's imperative to Drink **Kangen Water** according to the **Doctors Prescription...**

Alkalize Your Body



5-8 Glasses of Alkaline Water a day...
Half your body weight in ounces if you're healthy – double that if you're sick.



Plenty pH 9.5 water between meals – 2 hours after & quit ½ hour before.
Limited pH 7-8.5 water with meals.

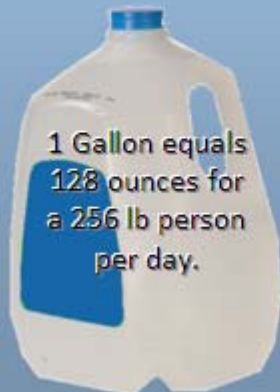


80% of each meal should ideally be Alkaline – 100% for those who're sick.



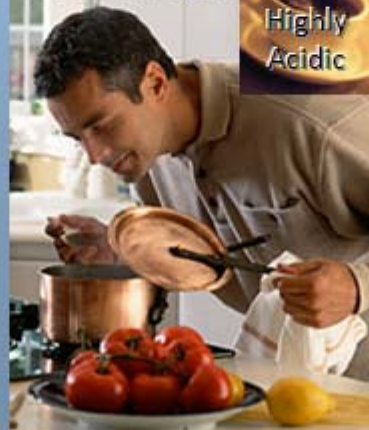
Absolutely **NO ACIDIC SODAS** or Gatorade type drinks.

A Teaspoon of Sea Salt → ...per Gallon of Water.



1 Gallon equals 128 ounces for a 256 lb person per day.

Use to cook & make beverages.



Watch the **SUGAR** – it's highly acidic poison to the body.



Sea Salt

In & on your food →...

...not in the Water.

Top 3 things that'll transform your health...

1. Drink 5-8 glasses of **Super Alkaline Water** everyday.
2. **Quit** (reduce) **sugar** – it's poison to the body (read below)...
3. **Eat healthy** – 80% fresh fruit, vegetables & salads.

OVER 1.6 MILLION COPIES IN PRINT!

THE CLASSIC #1
HEALTH BESTSELLER THAT EXPLODED
THE SUGAR MYTH—AND INSPIRED
A HEALTH REVOLUTION!

SUGAR BLUES

William Dufty

"IF YOU ARE AT ALL INTERESTED
IN YOUR HEALTH, READ THIS BOOK!"
—SAN FRANCISCO REVIEW OF BOOKS

THE SHOCKER THAT CURED
MILLIONS OF THE SUGAR BLUES.
WILL IT CURE YOU TOO?

It's a prime ingredient in countless substances that we eat and drink, from cereal to soup, from cola to coffee. Consumed at the rate of one hundred pounds for every American every year, it's as addictive as nicotine or heroin—and as poisonous, responsible for modern plagues ranging from depression to coronary thrombosis. It's sugar. And SUGAR BLUES, inspired by the crusade of Hollywood legend Gloria Swanson, is the classic, bestselling exposé that unmasks our generation's greatest medical killer—yet, at the same time, shows how a revitalizing, sugar-free diet can not only change your life, but quite possibly save it.

"A relentless, hard-hitting report. You are unlikely ever to feel quite the same about sugar."—*Chicago Tribune*

"One of the most revealing, instructive, and helpful books ever written."—*Let's Live magazine*

2 EXCERPTS from this 1975 classic...

1. Dr. William Coda Martin: "When is food a food and when is it a poison? Medically a poison is substance ingested or developed within the body which causes or may cause disease or death. Refined sugar is such a poison because it has been depleted of it's life forces, vitamins and minerals, making it an **anti-nutrient**, i.e. once ingested it raids your body and organs of their vital nutrients. It forms Pyruvic acid which accumulates in the brain and nervous system, depositing abnormal sugars in the red blood cells. These toxic metabolites interfere with the respiration of the cells, starving them of sufficient oxygen to function normally & survive, so over time an excessive number of cells die too quickly."
2. It has been **proven** that sugar is a major factor in dental decay, bone degeneration, weight gain and that removal of sugar from diets has cured symptoms of crippling world-wide diseases such as **diabetes, cancer** and **heart illness**.

IS IT WORTH IT? KICK THE ADDICTION!!!



This is NOT FOOD

Rev. Jack Stagman, Purcellville, VA



**A meticulous
online researcher.**

I knew I was not well, so in March 2011 my doctor ordered a cat scan, which revealed **a large unexplained mass** in my esophagus. My friend, Smiley, advised me to **alkalize my body**. Believing internet sales hype, I invested in a cheaper competitor alkaline system, but with **no improvement in my health** – I sent it back. After drinking **Kangen Alkaline Antioxidant Water** for just 3 weeks, I experienced **remarkable improvement in my health & wellbeing**. Several months later my doctor gave me a clean bill of health (without drugs).

Awards & Recognition

Approved by
6,500 Doctors
in Japan.



Change your Water...Change your Life !



Now, for the
WRAP UP...



There are two essentials in life over which you have **no choice**.

You have to breath **air** and drink **water**.

What **quality** **air** and **water** are you consuming?



Daily breathing **Fresh Air** vs **City Smog** will positively impact your health. Likewise with drinking **Alkaline Antioxidant Water** vs **Acidic Oxidant Water**.

How much can **Kangen Alkaline Antioxidant Water** **SAVE YOU?**

- * Wal-Mart drinking bill reduced to *near zero*.
- * Diminished Medical Bills (doctors & medicine) over 12 months adds up to *a sizable savings*.
- * Major Medical expenses are *extremely unlikely*.
- * Savings on *lower* health insurance rates.
- * Good health = **prevention** of *loss of income*.

Those who daily drink
Kangen Alkaline Antioxidant Water
Age Well & Seldom **EVER GET SICK...**



Preventive Health
is relatively Cheap.

It's **Curing Disease**
that is Expensive...

Prevention is far cheaper & much less painful than...

Every 3 minutes someone suffers from a **STROKE** with it's resulting disability.



Every 20 seconds someone suffers from a **HEART ATTACK**, often with fatal consequences.

The **COST** of hospitalization & **DRUGS** may give you another *heart attack*.



Every 60 seconds someone is diagnosed with the dreaded C-Word – **CANCER!**

Kidney Stone

More & more people are suffering the excruciating agony of having to pass these '*acidic based*' **KIDNEY STONES**.

Enlarged view of a razor sharp **KIDNEY STONE**...



...unnecessary chronic suffering.

Health Wealth

Health is Your Greatest Wealth!

Wisely invest in your families health!

Start Drinking Kangen Alkaline Water!!!!

